



REACCREDITATION REQUIREMENTS FOR TRAINERS (2024)

Name:

IMPORTANT: *A translation must be provided if any written or recorded information is not in English.*

1 Continuing Education in EMDR

- (a) You must provide proof that you have undertaken a minimum of 50 hours of continuing education in EMDR and/or psychotraumatology in the last five years. This must include attendance at 3 EMDR Europe conferences and 3 EMDR Europe trainers' days. If your national organisation also holds national conferences, you must provide proof that you have attended at least one such conference in the last three years.
- (b) You must state how you have kept up to date with the most recent developments in EMDR and related research.

2 Connection with the national EMDR Association

- (a) You must state what you have done during the last five years to support and promote your national Association and other National Associations in countries where you teach.
- (b) You must provide evidence (copy of your email) of the following:
 - I. The National EMDR Associations where you have taught during the last five years are aware of your reaccreditation application.
 - II. You have informed all those National Associations that they may supply the Standards Committee with any additional information that they consider relevant to your application. In the interest of transparency and fairness, should the information provided express concerns or criticisms, they would be discussed with the applicant.

3 Participation in activities that promote EMDR

- (a) You must state how many training courses you have undertaken and how many participants you trained in the last five years.
- (b) You must keep copies of all participant evaluation forms for the last three years and agree for them to be inspected by a member of the Standards Committee if required.
- (c) You must keep records to show that all participants have completed at least 10 hours of supervision as part of their basic training and agree for them to be inspected by a member of the Standards Committee if required.

- (d) You must provide examples of other activities besides your teaching of EMDR that show that you support the development of EMDR (for example, membership of national or international EMDR bodies and workgroups, writing of articles and book chapters, undertaking scientific studies etc.).
- (e) You must state that you continue to devote at least 40% of your professional time to clinical practice (including supervision).

4 CONFIRMATION THAT MY TRAINING COURSE COMPLIES WITH EMDR EUROPE REGULATIONS

- (a) I confirm that I have read the document "Criteria for the certification of EMDR standard training within Europe, June 2024 (attached) and that my training course fully adheres to the criteria.
- (b) I attach an overview of the program (in English) and the detailed content of my training course (e.g PDF of the slides which do not have to be translated) that demonstrates that I am adhering to the above criteria
- (c) I have detailed any changes made to my original accredited training course with an explanation of the reason for the changes.
- (d) I will provide any additional evidence of the above if requested to do so by the Standards Committee.

5 COMPLAINTS

You must provide details of any complaints made against you during the last five years and give details of the outcome of that complaint.

6 Ethical standing and Integrity

You must provide a statement about maintaining integrity in teaching and practice in psychotherapy and that you are willing to adhere to the ethical and professional standards of EMDR Europe. Your submission for reaccreditation as a trainer should conclude with the following statement:

"I confirm that all statements and evidence I have provided to the committee are truthful. I further confirm that I will continue to behave at all times with integrity in my teaching and practice and adhere to the ethical and professional standards and rules of EMDR Europe."

Name **Date**

Your typed name will count as your signature.

July 2024