

## GUIDELINES FOR THE CONSTITUTION OF EMDR NATIONAL ASSOCIATIONS

### 1. Name of the National Association:

The word EMDR or EMDR therapy and the country must be within the name of the association. Other words such as “psycho-traumatology” or other names of other therapies or methods cannot be in the name of the Association.

The word “Association” can be part of the name of the association, but no words such as “institute” or “training” can be included.

e.g. Country Association of EMDR or EMDR Country Association

### 2. Members:

Members of the EMDR National Association (NA) are professionals who have completed at least level 1 of the standard training.

All National Association members have equal status vis a vis their membership and voting rights. Only EMDR Europe Practitioners, EMDR Europe Consultants, and EMDR Europe Trainers can use the EMDR Europe logo.

### 3. Aims of the National Association:

The aims should refer to the aims of EMDR Europe and possibly be adjusted to the national context. It should be clear in the list of aims that the NA develops EMDR therapy and not any other therapy nor “therapy” in general.

Refer to the EMDR Europe Constitution Article 2: Objects of the Association:

[https://emdr-europe.org/wp-content/uploads/2020/02/EMDR-Europe-Constitution\\_ratNov2019.pdf](https://emdr-europe.org/wp-content/uploads/2020/02/EMDR-Europe-Constitution_ratNov2019.pdf)

EMDR Europe Website – Mission, Vision, Values - <https://emdr-europe.org/>

### 4. Reference to EMDR Europe:

The constitution should clearly refer to the fact that the NA is a member of EMDR Europe Association and respects the constitution and all regulations of EMDR Europe.

The decision to leave EMDR Europe must be done with a majority of at least 2/3 of the voters ONLY at the Annual General Meeting. The NA cannot simultaneously be a member of EMDR Europe and another EMDR international association.

### 5. Democratic functioning:

All members of the National Association are invited in due time, to attend the Annual General Meeting. This General Assembly of Members (GA) is the higher body of the NA. Members of the Board are elected by majority of the members voting. A quorum of members needs to be present for the Annual General Meeting to commence and to vote. The number includes members present and formal proxy votes. The number of members on the board needs to be defined within a range. A maximum number of

mandates for each position in the Board should be agreed upon in each National Association.

The responsibility and area of competency of each member of the Board should be made clear to the GA.

Usually, the GA meets once a year and approves/disapproves/modifies the budget proposed by the Treasurer, the report of activities presented by the President, the aims of actions for the year(s) to come, specific regulations, the financial report of the past year.

All Board members are responsible for the daily activities of the Association and report to the annual GA.

#### 6. Ethics and complaints:

A National Association may set up an Ethics Committee, however this depends on its size, on the national regulations and their professional bodies.

Refer to the EMDR Europe Conflict Resolution Procedure -

<https://emdr-europe.org/wp-content/uploads/2020/02/EMDR-Europe-Conflict-Resolution-Procedure1.pdf>

#### 7. Accreditation:

The Accreditation process should be done by an accreditation committee appointed by the Board, and reports to the Board. The accreditation committee does not assess the candidate. It is the duty of the EMDR Europe Consultant supporting the candidate for accreditation to do this. The Accreditation Committee ensures that all documents are completed in a comprehensive and accurate manner.

Refer to the link to the Accreditation Documentation -

<https://emdr-europe.org/certification/practitioners/>

<https://emdr-europe.org/certification/consultants/>